FORM 4 Check this box if no

longer subject to

Form 5 obligations

may continue. See

Instruction 1(b).

Section 16. Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Workington, D.C. 20540

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to 1. Name and Address of Reporting Person * FOSTER VINCENT D (Check all applicable) Main Street Capital CORP [MAIN] Director __X__ 10% Owner _____ Other (specify below) (First) X_ Officer (give title 3. Date of Earliest Transaction below) 1300 POST OAK BLVD., STE, 800 (Month/Day/Year) Chief Executive Officer 02/16/2009 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) X_ Form filed by One Reporting Person HOUSTON, TX 77056 Form filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction 2A. Deemed 4. Securities Acquired (A) 5. Amount of or Disposed of (D) Security Execution Date, if Transaction Securities Ownership Indirect Beneficially (Instr. 3) (Month/Day/Year) (Instr. 3, 4 and 5) Beneficial Code Form: any (Month/Day/Year) Owned Following (Instr. 8) Direct (D) Ownership (Instr. 4) Reported or Indirect (A) Transaction(s) (I) or (Instr. 3 and 4) (Instr. 4) Code Amount (D) Common 02/16/2009 <u>J⁽¹⁾</u> 3,992.699 1,049,164.072 D Stock 10.1287 Common 02/16/2009 $J^{(2)}$ 955 \$ 10.13 1,050,119.072 D Stock Common <u>J(3)</u> D 02/16/2009 669.405 1.050,788,477 10.1287 Stock Foster Common Irrevocable 02/16/2009 <u>J(4)</u> 91.815 7,531.5501 10.1287 Stock Trust (5) Amy Foster Common <u>J(6)</u> 27.651 \$ 9.8 02/16/2009 A 2,195.4649 Stock Custodial Account (7) Brittany Foster Common <u>J(8)</u> 02/16/2009 27.0561 \$ 9.8 2,148.294 Custodial Stock Account (7) Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)		Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		Number		and Expiration Date (Month/Day/Year)		Amount of Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial	
					Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares					

Reporting Owners

Reporting Owner Name / Address	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
FOSTER VINCENT D 1300 POST OAK BLVD. STE. 800 HOUSTON, TX 77056	X	X	Chief Executive Officer			

Signatures

/s/ Rodger A. Stout as Attorney-in-Fact for Vincent D. Foster	03/18/2009	
Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person acquired 3992.699 shares under a dividend reinvestment plan, pursuant to a dividend reivestment transaction exempt from Section 16 under Rule 16a-11.
- (2) The reporting person acquired 955 shares under a dividend reinvestment plan, pursuant to a dividend reivestment transaction exempt from Section 16 under Rule 16a-11.
- (3) The reporting person acquired 669.405 shares under a dividend reinvestment plan, pursuant to a dividend reivestment transaction exempt from Section 16 under Rule 16a-11.
- (4) The reporting person acquired 91.815 shares under a dividend reinvestment plan, pursuant to a dividend reivestment transaction exempt from Section 16 under Rule 16a-11.
- (5) Shares purchased by irrevocable trust for the benefit of children.
- (6) The reporting person acquired 27.651 shares under a dividend reinvestment plan, pursuant to a dividend reivestment transaction exempt from Section 16 under Rule 16a-11.
- (7) Shares purchased by custodial account of daughter.
- (8) The reporting person acquired 27.05610 shares under a dividend reinvestment plan, pursuant to a dividend reivestment transaction exempt from Section 16 under Rule 16a-11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.