FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	Response	es)															
1. Name and Address of Reporting Person *- FOSTER VINCENT D				2. Issuer Name and Ticker or Trading Symbol Main Street Capital CORP [MAIN]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director _X_ 10% Owner						
(Last) (First) (Middle) 1300 POST OAK BLVD., STE. 800				3. Date of Earliest Transaction (Month/Day/Year) 07/01/2009							X_ Officer (give title Other (specify below) below) Chief Executive Officer				low)		
(Street) HOUSTON, TX 77056				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City)	(Sta		p)	Table I	- Non-	Deriv	ative	Secu	ritie	s Acq	uired, Disposed						
(Instr. 3) Date (Month/Day/Year) any		any	eemed ion Date, if n/Day/Year)	Transaction Ac Code Di		Acqu Disp	isposed of (D) nstr. 3, 4 and 5) (A)		O)	5. Amount of Securities Beneficially Own Following Report Transaction(s) (Instr. 3 and 4)		ship In Bo	Nature ndirect eneficia wnersh nstr. 4)	t cial Ship			
					Code	V	Amo		or (D)	Price		(Instr.	4)				
Common St	tock 07/	/01/2009			A ⁽¹⁾		31,5	591 A		\$0	1,098,908.676	D					
Common St	tock 07/	/01/2009			F ⁽²⁾		1,98	34 I)	\$ 14.1	1,096,924.676	D					
Common St	tock										7,801.7341	I	Ir	oster revoca rust <u>(3</u>			
Common St	tock										2,268.0321	I	Fo C	amy Joster Custodi Accoun	**		
Common St	tock										2,219.3027	I	Fo C	rittany oster custodi	al		
Reminder: Rep		separate line for	each cl	ass of securi	ties ben	eficia	lly ow	vned				L					
v	·					ļ	infori requi	matio	on c	ontai spon	ond to the colle ned in this form Id unless the fo B control numb	ı are not rm display	s a	SEC 1	1474 0-02)		
		Table II -		ative Securi		-		_			eneficially Owned	l					
1. Title of 2.		3. Transaction		A. Deemed	4.	э, ор.	Ť	5.			ate Exercisable	7. Title and	8 P	rice of	9. Number of	10.	11. Nature
Derivative Conversion or Exercise (Instr. 3)		ion Date Excise (Month/Day/Year) (M		ecution Date y	e, if Tr			Numb of Deriva	and Extended (Monto)		Expiration Date onth/Day/Year)	Amount of Underlying Securities	Deri Secu (Ins	Derivative Defecurity See Instr. 5)	Derivative Securities Beneficially	Ownership Form of Derivative	of Indirect Beneficial Ownership
	erivative ecurity						() I C ()	Securi Acqui (A) or Dispo of (D) (Instr. 1, and	red sed			(Instr. 3 and 4)			Owned Following Reported Transaction(s) (Instr. 4)	Security: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
												Δ mon	nt				

Reporting Owners

Code V (A) (D)

Date

Exercisable Date

Expiration

Title

Number

Shares

FOSTER VINCENT D 1300 POST OAK BLVD. STE. 800 HOUSTON, TX 77056	X	X	Chief Executive Officer		
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Signatures

/s/ Rodger A. Stout as Attorney-in-Fact for Vincent D. Foster	07/02/2009	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued under the Main Street Capital Corporation 2008 Equity Incentive Plan.
- (2) Shares used to satisfy tax withholding requirements pursuant to the Main Street Capital Corporation 2008 Equity Incentive Plan.
- (3) Shares held by irrevocable trust for the benefit of children.
- (4) Shares held by custodial account of daughter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.