FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

response... of 1934 or

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type R	Responses)										
1. Name and Ao FOSTER VII	2. Issuer Name and Ticker or Trading Symbol Main Street Capital CORP [MAIN]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)XDirectorX10% Owner				
1300 POST (3. Date of Earliest Transaction (Month/Day/Year) 09/15/2009						X_ Diffector A 10% Owner X Officer (give title Other (specify below) below) Chief Executive Officer				
HOUSTON,	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I					I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owner						
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deen Execution any (Month/D	Date, if	Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	Direct (D)	Beneficial Ownership	
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	09/15/2009			J <u>(1)</u>		3,173.383	A	\$ 13.74	1,113,531.619	D	
Common Stock	09/15/2009			J(2)		759	A	\$ 13.74	1,114,290.619	D	
Common Stock	09/15/2009			<u>J(3)</u>		532.041	A	\$ 13.74	1,114,822.66	D	
Common Stock	09/15/2009			<u>J⁽⁴⁾</u>		72.975	A	\$ 13.74	8,094.3071	Ι	Foster Irrevocable Trust (5)
Common Stock	09/15/2009			<u>ј(6)</u>		20.9512	A	\$ 13.91	2,352.405	I	Amy Foster Custodial Account (7)
Common Stock	09/15/2009			J <u>(8)</u>		20.5011	A	\$ 13.91	2,301.8629	I	Brittany Foster Custodial Account (7)
Reminder: Repo	ort on a separate line tectly.	for each cla	ass of sec	urities be	enefi	cially owned					
The state of the s	J.					informati required	on c to re	ontain espond	nd to the collectio ed in this form are unless the form of control number.	not	SEC 1474 (9-02)
	Table l					red, Dispose			neficially Owned		

	Conversion		3A. Deemed Execution Date, if				oer	6. Date Exer and Expirati	on Date	Amo	unt of	Derivative		Ownership		
,		(Month/Day/Year)	-	Code		of .		(Month/Day			, ,	-			Beneficial	
(,	Price of		(Month/Day/Year)	(Instr. 8)		Deriv				Secu		` ′	-	Derivative		
	Derivative					Secur				(Insti	r. 3 and			-	(Instr. 4)	
	Security					Acqu	ired			4)			Following	Direct (D)		
						(A) o	r						Reported	or Indirect		
						Disposed							Transaction(s)	(I)		
						of (D)							(Instr. 4)	(Instr. 4)		
						(Instr	. 3,						, í	ì í		
						4, and	and 5)									
											Amount					
								Date	Expiration		or					
								Exercisable	Expiration Date	Title	Number			ı		
								LACICISADIC	Date		of					
				Code	V	(A)	(D)				Shares					

Reporting Owners

Reporting Owner Name / Address	Relationships							
Reporting Owner Name / Address		10% Owner	Officer	Other				
FOSTER VINCENT D 1300 POST OAK BLVD. STE. 800 HOUSTON, TX 77056	X	X	Chief Executive Officer					

Signatures

/s/ Rodger A. Stout as Attorney-in-Fact for Vincent D. Foster	10/20/2009	
Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person acquired 3,173.383 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (2) The reporting person acquired 759 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (3) The reporting person acquired 532.041 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (4) The reporting person acquired 72.975 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (5) Shares purchased by irrevocable trust for the benefit of children.
- (6) The reporting person acquired 20.9512 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (7) Shares purchased by custodial account of daughter.
- (8) The reporting person acquired 20.5011 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.