FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading 1. Name and Address of Reporting Person * FOSTER VINCENT D (Check all applicable) Main Street Capital CORP [MAIN] Director __X__ 10% Owner _____ Other (specify below) (First) X_ Officer (give title 3. Date of Earliest Transaction below) 1300 POST OAK BLVD., STE, 800 (Month/Day/Year) Chief Executive Officer 11/16/2009 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) X_ Form filed by One Reporting Person HOUSTON, TX 77056 Form filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction 2A. Deemed 4. Securities Acquired (A) 5. Amount of Ownership Security Execution Date, if Transaction or Disposed of (D) Securities Indirect (Instr. 3) (Month/Day/Year) (Instr. 3, 4 and 5) Beneficially Beneficial Code Form: any (Month/Day/Year) Owned Following (Instr. 8) Direct (D) Ownership (Instr. 4) Reported or Indirect (A) Transaction(s) (I) or (Instr. 3 and 4) (Instr. 4) Code Amount (D) Common 11/16/2009 <u>J⁽¹⁾</u> 3,230.265 \$ 13.74 1,122,384.145 D Stock Common 11/16/2009 $J^{(2)}$ 772 \$ 13.74 1,123,156.145 D Stock Common <u>J(3)</u> 11/16/2009 541.577 \$ 13.74 D 1,123,697.722 Stock Foster Common Irrevocable 11/16/2009 <u>J(4)</u> 74.282 \$ 13.74 8,239.3931 Stock Trust (5) Amy Foster Common <u>J(6)</u> 21.04 11/16/2009 2,393.9907 Stock 14.0971 Custodial Account (7) Brittany Foster Common <u>J(8)</u> 2,342.5572 11/16/2009 20.59 14.0971 Custodial Stock Account (7)

Reminder: Report on a separate line for each class of securities benefici directly or indirectly.	ally owned		
	information required to	no respond to the collection of contained in this form are not respond unless the form displays a lid OMB control number.	SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Numl of Deriv Secur Acqu (A) o Dispo of (D (Instr 4, and	rative rities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)		Amount of Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial	
			Code	(A)	,		Expiration Date	Title	Amount or Number of Shares					

Reporting Owners

Peneuting Owner Name / Address	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
FOSTER VINCENT D 1300 POST OAK BLVD. STE. 800 HOUSTON, TX 77056	X	X	Chief Executive Officer			

Signatures

/s/ Rodger A. Stout as Attorney-in-Fact for Vincent D. Foster	12/21/2009	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person acquired 3,230.265 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (2) The reporting person acquired 772 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (3) The reporting person acquired 541.577 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (4) The reporting person acquired 74.282 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (5) Shares purchased by irrevocable trust for the benefit of children.
- (6) The reporting person acquired 21.04 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.
- (7) Shares purchased by custodial account of daughter.
- (8) The reporting person acquired 20.59 shares under a dividend reinvestment plan, pursuant to a dividend reinvestment transaction exempt from Section 16 under Rule 16a-11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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