FORM	4
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

OMB APPROVAL OMB 3235-0287 Number: Estimated average burden hours per 0.5 response ..

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Resp	oonses)		1						i						
1. Name and Addr FOSTER VINC						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner									
(Last) 1300 POST OA	^{dle)} 800	3. Date of 1 (Month/Da 07/01/20	y/Year)	`rans	action										
HOUSTON, TX		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) -X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(State) (Zi	p)	Table I	- Non-I	Deriv	ative Sec	curitio	es Acqu	quired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)	Date (Month/Day/Year)	Execution Date, if Transaction Acquired (A) or		D)	5. Amount of Securities Beneficially Owned Following Reported	7. Nature of Indirect Beneficial Ownership									
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	or Indirect (I) (Instr. 4)	(Instr. 4)				
Common Stock	07/01/2010			A <u>(1)</u>		29,937	А	\$0	1,163,242.22	D					
Common Stock	07/01/2010			F <u>(2)</u>		4,073	D	\$ 15.15	1,159,169.22	D					
Common Stock									8,651.7871	Ι	Foster Irrevocable Trust <u>(3)</u>				
Common Stock									2,513.8257	I	Amy Foster Custodial Account (4)				
Common Stock									2,459.8156	I	Brittany Foster Custodial Account (4)				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, I	Disposed of, or Beneficially Owned
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(e.g.	, puts, calls	, warrants,	options,	convertit	ole securities)	

1. Title of	2.	3. Transaction	3A. Deemed	4.	5	5.		6. Date Exer	cisable	7. Tit	tle and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	on N	Numł	ber	and Expirati	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	C	of		(Month/Day	/Year)	Unde	erlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Ι	Deriv	ative			Secu	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				S	Secur	ities			(Inst	r. 3 and		Owned	Security:	(Instr. 4)
	Security				A	Acqu	ired			4)			Following	Direct (D)	
					((A) o	r						Reported	or Indirect	
					I	Dispo	osed						Transaction(s)	(I)	
						of (D	· · · · · · · · · · · · · · · · · · ·						(Instr. 4)	(Instr. 4)	
						Instr									
					4	1, and	15)								
											Amount				
								Data	Emination		or				
								Date Exercisable	Expiration Date	Title	Number				
								Exercisable	Date		of				
				Code	V ((A)	(D)				Shares				

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Name / Address	10% Owner	Officer	Other	•			

FOSTER VINCENT D			
1300 POST OAK BLVD.	v	Chief Executive Officer	
STE. 800	Λ	Chief Executive Officer	
HOUSTON, TX 77056			

Signatures

/s/ Rodger A. Stout as Attorney-in-Fact for Vincent D. Foster	07/02/2010
Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued under the Main Street Capital Corporation 2008 Equity Incentive Plan.
- (2) Shares used to satisfy tax withholding requirements pursuant to the Main Street Capital Corporation 2008 Equity Incentive Plan.
- (3) Shares held by irrevocable trust for the benefit of children.

(4) Shares held by custodial account of daughter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.